



FILLING THE BUCKET

Your dogs bucket is what we use to describe your dogs ability to process the environment around them. Different triggers which produce an emotive response fill the bucket and decompression activities can empty the bucket. The more full the bucket the less able your dog is to process their emotions and make good choices. A full or overflowing you will see a dog barking, lunging, unable to focus or not taking treats. This is also include trigger stacking

**SAFETY
SLEEP
SNIFFING
CHEWING
LICKING**

**FRUSTRATION
WORRY
PAIN
ILLNESS
STRESS
FEAR
EXCITEMENT**



WHAT FILLS YOUR DOGS BUCKET?

Bucket fillers or triggers are different for every dog but can include, dogs, bikes, traffic, strangers, joggers, children, squirrels, cats, birds, loud noises or fireworks.

Our dogs buckets will be larger on some days and smaller on others. We can help grow our dogs buckets and increase their ability to process these emotions by encourage disengagement, natural behaviours, their calmness, confidence and optimism.

